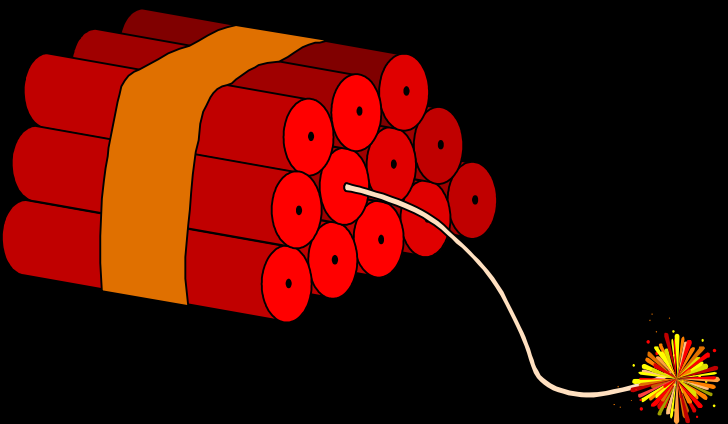
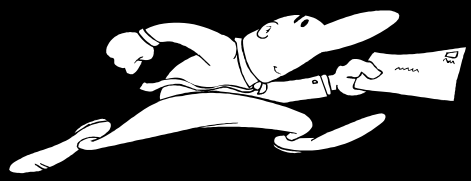
ADJUSTMENT DISORDERS AND "V" CODES

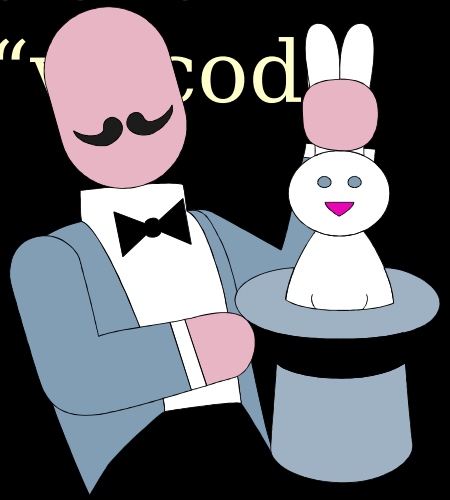
The rest of the story





TERMINAL OBJECTIVE

- Upon completion of this period of instruction,the SFS Extraordinaire will render an accurate DSM-IV diagnosis when presented with symptoms characteristic of an adjustment disorder or “v cod condition



ENABLING OBJECTIVES

- State the DSM-IV criteria for an adjustment disorder and symptom subtypes
- Describe clinical presentations consistent with a “v” code diagnosis
- Differentiate between adjustment, mood and anxiety disorders
- Discuss aeromedical disposition issues pertaining to adjustment disorder/ “v” code diagnoses
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ADJUSTMENT DISORDERS

- Maladaptive reaction within three months of onset of stressor/s
- Distress in excess of normal reaction
- Not manifestation of personality disorder
- Symptoms resolve within 6 months of termination of stressor
- Acute versus Chronic

CODED SYMPTOM SUBTYPES

- With Depressed Mood
- With Anxiety
- With Anxiety and Depressed Mood
- With Disturbance of Conduct
- With Mixed Disturbance of Emotions and Conduct
- Unspecified

DIFFERENTIAL DIAGNOSES

- Residual category
- “V” Codes--severity of reaction to stressor
- PTSD--severity of stressor /specific sx
- Mood /Anxiety disorders--severity of sx
- Personality disorder--quality of sx
- Bereavement
- Bad day at work

NO!!! NO!!! NO!!!

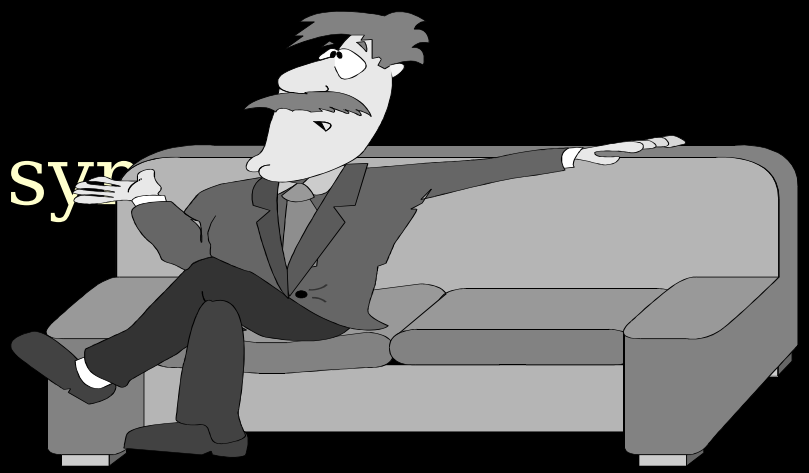
AXIS I: Adjustment Disorder

AXIS II: Personality Disorder

"Because PersonalityDisorders are frequently exacerbated by stress,the additional diagnosis of Adjustment Disorder is usually not made." DSM-IVpg625

TREATMENT

- Supportive therapy
- Brief, goal-directed psychotherapy
- Most recover with or without therapy
- Therapy could hasten recovery
- 50% of patients treated resolve in 1 month
- Medication for target sy



Aeromedical Disposition

- NPQ during treatment
- No waiver required

" V" CODES

- Other conditions that may be a focus of treatment
- Problems in living
- Not a mental disorder
- List on AxisI

FOCUS OF TREATMENT

- Relational problems
- Problems related to abuse or neglect
- Additional conditions

Consider "V" Codes When:

- Problem is the focus of tx with no mental disorder
- Pt has a mental disorder but it is unrelated to the problem
- Pt has a mental disorder related to the problem which is sufficiently severe to warrant special clinical attention

RELATIONAL PROBLEMS

- Relational Problem Related to a Mental Disorder or General Medical Condition
- Parent-Child Relational Problem
- Partner Relational Problem
- Sibling RelationalProb
- Relational Problem N.O.S.

PROBLEMS RELATED TO ABUSE OR NEGLECT

- Physical Abuse of Child
- Sexual Abuse of Child
- Neglect of Child
- Physical Abuse of Adult
- Sexual Abuse of Adult

ADDITIONAL CONDITIONS

- Noncompliance With Treatment
- Malingering
- Adult Antisocial Behavior
- Child or Adolescent Antisocial Behavior
- Borderline Intellectual Functioning
- Age-Related Cognitive Decline
- Bereavement

OTHER CONDITIONS CONT'D

- Occupational Problem
- Identity Problem
- Religious or Spiritual Problem
- Acculturation Problem
- Phase of Life Problem

EXAMPLES

- AXIS I: V62.2 Occupational Problem AXIS II: Narcissistic personality traits
- AXIS I: V62.82 Bereavement AXIS II: 301.9 Personality Disorder NOS
- AXIS I: 309.9 Adjustment DO AXIS II: V71.09 No Diagnosis

SUMMARY

- Diagnosis and treatment of Adjustment Disorders and “V” Codes
- Considerations for differential diagnoses
- Aeromedical disposition